

AMENDED SPECIFICATION

On page 1 of the specification, please insert the following after the title:

CROSS-REFERENCE TO RELATED APPLICATIONS

This Application is a Non-Provisional Application of US Provisional (35 USC 119(e)) Application No. 60/487,410 filed on July 15, 2003 and claims benefit thereto.

On page 12 of the specification, please amend the Abstract as follows:

ABSTRACT

A personal illumination and safety device (~~100~~) employs a flexible plastic rod (~~300~~) to distribute the light of a light emitting diode (LED) (~~600~~). A small container (~~200~~) at one end (~~301~~) of the flexible rod houses the LED, a battery (~~500~~) and a switch (~~602, 250, 227~~) which controls the illumination system. The flexible plastic rod allows the user to adapt the device to a variety of shapes and useful arrangements.